

Lunch Mamma Mia's Trattoria of West Boynton Beach Menu

PRIMI APPETIZER

Calamari Fritti

Fried calamari with basil marinara 17
Or with our signature Bada Bing sauce 18
Sautéed in a white wine sauce or diablo sauce 17

Baked Clams Oreganata

One dozen fresh whole middleneck clams, topped with seasoned bread crumbs, lemon white wine sauce & parsley 18

Bada Bing Shrimp

Crispy shrimp with fresh basil chili sauce 13

Broccoli Rabe & Sausage

Fresh garlic, olive oil, white wine & sliced sausage 18

Mozzarella Fritta

Homemade breaded Grande mozzarella served with sunday sauce 13

Mamma Mia's Trio

Baked clams, mozzarella frita & calamari fritti 23

Mozzarella Caprese

Fresh mozzarella, sliced tomatoes, roasted peppers, kalamata olives, basil, garlic & balsamic glaze over arugula 16

Zuppa Di Mussels or Clams

Basil marinara sauce with garlic 18
White wine sauce with lemon, basil & garlic 18

Mamma's Wings

Choose from: Medium - Hot - BBQ - Bada Bing - Pecorino & garlic (10)
blue cheese and celery 16

Fried Artichokes

Fried long stem artichokes, breaded & served with marinara sauce 13

LUNCH ENTREES

Non pasta entrees served over/with penne pasta & choice of Soup or Salad & 2 Garlic Rolls.

Parmigiana

Breaded, tomato sauce, pecorino romano & mozzarella
Eggplant 15 Chicken 16 Veal 19 Shrimp 22

Francese

Egg battered with a lemon white wine sauce
Chicken 16 Veal 19 Flounder 20 Shrimp 22

Marsala

Roasted mushrooms in a sweet marsala wine sauce
Chicken 16 Veal 19 Shrimp 22

Cacciatore

Mushrooms, onions, garlic & mixed bell peppers with marinara sauce
Chicken 16 Veal 19 Shrimp 22

Eggplant Rollatini

Eggplant rolled with ricotta mozzarella & pecorino romano 16

Eggplant Mamma Mia

Breaded eggplant layered with spinach, sliced tomatoes & ricotta cheese 18

Lasagna

Meat lasagna with ricotta, mozzarella & tomato sauce 18

Fettuccine Alfredo

Garlic, cream sauce & pecorino romano 15
Add Chicken 6 Add Shrimp 12

Sausage & Peppers

Sweet Italian sausage, caramelized onions & roasted bell peppers in marinara 15 Add cheese 1

Mussels Marinara

Fresh mussels in marinara sauce over linguine 17

Shrimp Scampi

Garlic & lemon in a white wine sauce over linguine 20

Spaghetti & Meatballs

Classic with tomato sauce 16
Add meat sauce 3

Baked Ziti

Ricotta, tomato sauce, pecorino romano & mozzarella 15

Rigatoni alla Vodka

Prosciutto, garlic & pecorino romano with a vodka infused pink sauce 16
Add Chicken 6
Add Shrimp 12

Linguine with White Clam Sauce

Baby clams with parsley, garlic, olive oil & white wine 18

Rigatoni Chicken & Broccoli

Chicken, sun-dried tomatoes, broccoli and white wine sauce tossed with pecorino romano 17

Rigatoni Bolognese

Meat sauce, onions, peas, touch of cream, & pecorino romano 16

Chicken Bruno

Grilled chicken, sauteed onions, sun dried tomatoes, lemon basil white wine sauce & topped with goat cheese 17

Penne Putanesca

Onions, garlic, tomatoes, kalamata olives, fresh basil & marinara sauce tossed with penne pasta 15
Add salmon 15

Picatta

Capers & onions in a white wine lemon sauce
Chicken 16 Veal 19 Shrimp 22

Extra Sauce to any meal 2

LUNCH SPECIALS

NO SHARING FOR SPECIALS

2 Slice Special 8.95

Two slices of XL pizza (sicilian or thin crust) & fountain beverage

Half Sub 10.99

With a house salad or soup & fountain beverage.

Choice of: Eggplant Parm,
Meatball Parm, Chicken Parm
or Italian Combo 10.99
Add Veal 3 Add Shrimp

1 Slice of XL Cheese Pizza

Served with choice of house soup or salad & a fountain beverage 9.99

Soup & Salad

Minestrone or Pasta Fagioli & Caesar or Chopped Salad, with a fountain beverage 8.99

2 Slices of Gourmet Pizza plus a drink 10.95

ADD a Slice of Cheese Pizza 3.25

Slices served until 3:00 daily, 2:00 on Sundays.
Bread NOT included with Pizza Specials.

ZUPPA / INSALATA

Minestrone

Italian mixed vegetable soup
Cup 8 Bowl 11

Pasta Fagioli

Bacon, cannellini beans & ditalini pasta
Cup 8 Bowl 11

Trattoria Chopped

Romaine lettuce with cucumbers, chick peas, onions, tomatoes & kalamata olives
Sm 8 Lg 15

Caesar Salad

Romaine lettuce with croutons & pecorino romano
Sm 7 Lg 14

Antipasto

Ham, salami, provolone, fire-grilled artichokes, pepperoncinis, sweet drop peppers, kalamata olives, & roasted peppers over arugula 17

Apple Pecan Salad

Chopped romaine with red onions, tomatoes, gorgonzola cheese, candied pecans & granny smith apples 18

Greek Salad

Romaine with cucumber, onions, chick peas, tomatoes, feta, kalamata olives & pepperoncinis
Lg 16

Add to any salad: Grilled, Blackened, or Fried Chicken 6 Grilled or Blackened Shrimp 12,
Grilled Salmon 16, Add Gorgonzola, Fresh Mozzarella or Feta Cheese 3

Dressings: Balsamic Vinaigrette, Blue Cheese, Caesar, Ranch, Honey Mustard

SIDE DISHES

Rigatoni Alla Vodka 12
Meatballs (3) 10

Sausages, Peppers & Onions 11
Spinach (Steamed or Sautéed) 9
French Fries 6

Fettuccine Alfredo 12
Broccoli (Steamed or Sautéed) 8
Broccoli Rabe 11
Homemade Garlic Rolls (6) 6 (12) 8
Sausage 8

The FDA advises consuming raw or undercooked meat, poultry, seafood, or eggs increases your risk of food borne illness

PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS

CREATE YOUR OWN PIZZA

Start with Pizza sauce & Grande Mozzarella cheese

Brick Oven Pizza	Individual	Large	XL	Sicilian
Dough made daily with	12"	16"	18"	16x16"
"New York Water" with home made pizza sauce & Grande mozzarella	14.00	17.50	19.50	22.00

Additional Regular Toppings

Half pie (each)	1.50	2.00	2.50	2.50
Whole pie (each)	2.50	3.00	4.00	4.00

Additional Premium Toppings

Half pie (each)	2.50	3.00	3.50	3.50
Whole pie (each)	3.50	4.00	5.00	5.00

Regular Toppings

PEPPERONI • MEATBALL • SAUSAGE • BACON • ONIONS • SPINACH • BROCCOLI • MUSHROOMS • MIXED PEPPERS • EGGPLANT • BLACK OLIVES • ANCHOVIES • DICED TOMATOES • BASIL • HOT CHERRY PEPPERS • SALAMI • HAM • PINEAPPLE • GARLIC

Premium Toppings

EXTRA CHEESE • SUN-DRIED TOMATOES • ARTICHOKE HEARTS • ROASTED RED PEPPERS

Prosciutto 5
Broccoli Rabe 5
Ricotta 5

Chicken (Cutlet Or Grilled) 5
Fresh Mozzarella 5
Shrimp 10

BRICK OVEN GOURMET PIZZA

Sicilian Favorites

The Brooklyn

"Upside Down" Sicilian Pan pizza, mozzarella, pecorino romano, oregano & pizza sauce

24

Grandma's Pie

Thin crust, Sicilian style layered with fresh mozzarella, pecorino romano, & marinara sauce

27

My Cousin Vinny

Grandma's sauce, mozzarella, garlic, basil, & EVOO

29

Meat Lover

Pepperoni, ham, bacon, sausage, meatball, mozzarella, & pizza sauce

22

27

29

32

Caprese

(No Sauce) Tomatoes, garlic, basil, shredded mozzarella, fresh mozzarella, & balsamic glaze

21

26

28

30

Four Seasons

Artichoke hearts, ham, kalamata olives, mushrooms, mozzarella, Grandma's Sauce & pesto

23

28

30

33

San Remo

Grilled chicken, sun-dried tomatoes, tomato, Gorgonzola cheese

22

28

30

32

Joey's Favorite

(No Sauce) Baby clams, shrimp, fresh garlic, olive oil, oregano, pecorino romano & mozzarella

24

25

31

N/A

Vegetarian

Black olive, spinach, mushroom, peppers, onions, mozzarella, & pizza sauce

20

25

27

30

Bianca

(No Sauce) Ricotta, pecorino romano, mozzarella, garlic, & parsley

20

25

27

31

Supreme

Pepperoni, sausage, black olives, peppers, onions, mozzarella, & pizza sauce

22

27

29

32

Milano

Chicken cutlet, tomato, roasted red peppers, Fresh mozzarella, basil, & balsamic glaze

23

28

30

33

Trattoria Special

With 5 regular toppings

22

26

28

N/A

BBQ Chicken

Caramelized onion, chicken cutlets, BBQ sauce, & mozzarella

22

27

29

32

Buffalo Chicken

Breaded chicken cutlet, blue cheese, buffalo sauce, & mozzarella

22

27

29

32

Chicken Parmigiana

Chicken cutlets, sunday sauce, pecorino, mozzarella, & Italian parsley

22

27

29

32

Grandpa's Pizza

Grandma's Sauce, Fresh mozzarella, pecorino romano, EVOO, oregano, basil

21

26

28

n/a

Margherita

(No Sauce) Mozzarella, tomatoes, basil, garlic, oregano, & pecorino romano

19

24

26

29

CALZONE & STROMBOLI

Arthur Avenue Stromboli

Meatball, sausage, ricotta, sunday sauce, pecorino romano & mozzarella 17

Original Stromboli

Ham, salami, pepperoni, provolone, pecorino romano & mozzarella 16

Pepperoni Stromboli

Pepperoni, pecorino romano & mozzarella 15

A'bruzzio

Chicken cutlet, roasted pepper, garlic, ricotta, pecorino romano & mozzarella 17

Meatball Parmigiana Stromboli

Sliced homemade meatballs, sunday sauce, pecorino romano & mozzarella 14

Chicken Parmigiana

Chicken cutlet, sunday sauce, pecorino romano & mozzarella 16

Calzone

Ricotta, mozzarella & pecorino romano 15

Additional toppings each 2

Additional premium toppings each 3

Check pizza toppings for choices

SUBS

Served with fries or pasta, substitute for a cup of soup or salad (Chopped or Caesar) - 2.50

Parmigiana

Eggplant Parmigiana 13

Meatballs Parmigiana 14

Sausage Parmigiana 14

Chicken Parmigiana 15

Veal Parmigiana 16

Shrimp Parmigiana 18

Sausage & Peppers

Sweet italian sausage, bell peppers, onion & marinara 14
add cheese 1

Milano

Chicken cutlet, fresh mozzarella, tomato, roasted red peppers & basil with balsamic glaze 16

Grilled Chicken (Joey's Way)

Lettuce, tomatoes, onions, & provolone cheese 15 add bacon 1

Italian

Ham, genoa salami, aged provolone, lettuce, tomato, onion, red wine vinegar 14

CHILDRENS MENU

Chicken parmigiana w/spaghetti 14

Chicken fingers & fries 11

Spaghetti & meatballs 10

Ravioli with sunday sauce 11

Baked Ziti 10

Penne w/butter 8

NO SUBSTITUTIONS

DOLCE

Mamma's Cannoli 6
Tiramisu 8

Creme Brulee Cheesecake 8
Chocolate Cake 9

BEVERAGES

Soft Drinks (Free Refill) 2.95

San Pelligrino 7

Aqua Panna Imported 7

Coffee or Hot Tea 2.95

Espresso 3.50

Double Espresso 6

Cappucino 6

Open for Lunch & Dinner Everyday

Let us cater your next function • 10 to over 500 guests



20% Gratuity added to parties of 5 or more. Prices are subject to change without notice. Tax not included.

MAXIMUM OF 4 CREDIT CARDS PER TABLE. MAXIMUM 4 CHECKS PER TABLE.

THERE WILL BE A 3.5% CONVENIENCE CHARGE ADDED TO ALL CREDIT CARD PAYMENTS. PRINTED FEBRUARY 2023