

Dinner

Mamma Mia's Trattoria of West Boynton Beach

Menu

PRIMI APPETIZER

Calamari Fritti

Fried calamari with basil marinara 15
Or with our signature Bada Bing sauce 16
Sautéed in a white wine sauce or diablo sauce 15

Baked Clams Oreganata

One dozen fresh whole middleneck clams, topped with seasoned bread crumbs, lemon white wine sauce & parsley 17

Bada Bing Shrimp

Crispy shrimp with fresh basil chili sauce 12

Broccoli Rabe & Sausage

Fresh garlic, olive oil, white wine & sliced sausage 16

Mozzarella Fritta

Homemade breaded grande mozzarella served with sunday sauce 12

Mamma Mia's Trio

Baked clams, mozzarella fritta & calamari fritti 21

Mozzarella Caprese

Fresh mozzarella, sliced tomatoes, roasted peppers, kalamata olives, basil, garlic & balsamic glaze over arugula 14

Zuppa Di Mussels or Clams

Basil marinara sauce with garlic 17
White wine sauce with lemon, basil & garlic 17

Mamma's Wings

Choose from: Medium - Hot - BBQ - Bada Bing Pecorino & garlic (10) blue cheese and celery 15

Fried Artichokes

Fried long stem artichokes, breaded and served with marinara sauce 12

ZUPPA / INSALATA

Minestrone

Italian mixed vegetable soup
Cup 7 Bowl 10

Pasta Fagioli

Bacon, cannellini beans & ditalini pasta
Cup 7 Bowl 10

Trattoria Chopped

Romaine lettuce with cucumbers, chick peas, onions, tomatoes & kalamata olives
Sm 7 Lg 13

Caesar Salad

Romaine lettuce with croutons & pecorino romano
Sm 6 Lg 13

Antipasto

Ham, salami, provolone, fire-grilled artichokes, pepperoncinis, sweet drop peppers, kalamata olives, & roasted peppers over arugula 16

Apple Pecan Salad

Chopped romaine with red onions, tomatoes, gorgonzola cheese, candied pecans & granny smith apples 16

Greek Salad

Romaine with cucumber, onions, chick peas, tomatoes, feta, kalamata olives & pepperoncinis
Sm 7 Lg 15

Add to any salad: Grilled, Blackened, or Fried Chicken 5 Grilled or Blackened Shrimp 10, Grilled Salmon 15, Add Gorgonzola, Fresh Mozzarella or Feta Cheese 2.5

Dressings: Balsamic vinaigrette, Blue Cheese, Caesar, Ranch, Honey Mustard

POLLO & CARNE

Francese

Egg battered, lemon white wine sauce
Chicken 20 Veal 23 Shrimp 26

Bruno

Sautéed onions, sun-dried tomatoes, lemon-basil white wine sauce & topped with goat cheese
Grilled Chicken 21 Veal 24 Shrimp 26

Piccata

Capers, onions, lemon, white wine sauce
Chicken 20 Veal 23 Salmon 25 Shrimp 26

Marsala

Roasted mushrooms & sweet marsala wine
Chicken 20 Veal 23 Shrimp 26

Cacciatore

Bone In or Out - Mushrooms, onions, garlic & mixed bell peppers with marinara sauce
Sausage 19 Chicken 21 Veal 24

Milanese

Breaded cutlet topped with arugula, onions, tomatoes, sweet drop peppers, aioli, garlic & drizzled with balsamic glaze
Chicken 25 Veal 28

Sausage & Peppers

Sweet Italian sausage, caramelized onions & roasted bell peppers in marinara 17
Add cheese 1

AL FORNO

Lasagna

Meat lasagna with ricotta, mozzarella & tomato sauce 18

Italian Feast

Chicken Cutlet, Meatballs & Baked Ziti 25

Baked Ziti

Ricotta, tomato sauce, pecorino romano w/ mozzarella 19
Add Meat Sauce or Eggplant 2

Dinner Entrees include choice of Soup (Minestrone or Pasta Fagioli) Or Salad (Chopped or Caesar)

Extra sauce to any meal 2

These entrees include a side of spaghetti, linguine or penne pasta with tomato sauce or sautéed vegetables.

Substitute pasta with Whole Wheat Pasta or Gluten Free Pasta, Meat Sauce or Garlic & Oil 2

Sharing charge 10 (includes extra Soup or Salad and Side)

PASTA

Rigatoni Alla Vodka

Prosciutto, garlic, pecorino romano, vodka-infused pink sauce 20
Add Chicken 5 Add Shrimp 10

Rigatoni Bolognese

Meat sauce, onions, peas, touch of cream & pecorino romano 19

Linguine with White Clam Sauce

Baby clams, parsley, basil, garlic, olive oil, white wine 22

Spaghetti Carbonara

Prosciutto, onions, peas, cream, pecorino romano 22

Spaghetti & Meatballs

Sunday Sauce 18 Meat Sauce 20

Broccoli Rabe & Sausage

Broccoli rabe, sweet Italian sausage, garlic, tossed with pecorino romano & rigatoni 21

Rigatoni Chicken & Broccoli

Chicken, sun-dried tomatoes, broccoli, white wine sauce tossed with pecorino romano 20

Fettuccine Alfredo

Garlic, cream sauce, pecorino romano 20
Add Grilled Chicken 5 Shrimp 10

Jumbo Cheese Ravioli

Sunday Sauce 19
Meat Sauce, Alfredo, Vodka or Bolognese 22

PARMAGIANA

Parmigiana Trio

Chicken, Veal & Shrimp 30

Eggplant Rollatini

Eggplant rolled with ricotta, mozzarella & pecorino romano 20

Eggplant Mamma Mia

Breaded eggplant layered with spinach, sliced tomatoes & ricotta cheese 21

Chicken 20

Veal 23

Shrimp 26

Eggplant 18

Veal & Eggplant 25

Chicken & Eggplant 22

Extra sauce to any meal 2

PESCE

Flounder Francese

Egg-battered, lemon white wine 26

Shrimp Scampi

Garlic & lemon in a white wine sauce over linguine 25

Frutti Di Mare

Clams, mussels, shrimp, garlic, basil marinara over linguine 32

Grilled Salmon

Scottish salmon, mixed vegetables 28

Calamari Marinara

Garlic, basil marinara over linguine 22

Salmon Puttanesca

Marinara, kalamata olives, capers, garlic, basil, tomatoes & onions 29

Mussels Marinara

Fresh mussels in marinara over linguine 24

Shrimp Marinara

Garlic, basil marinara over linguine 24

Mussels &

Shrimp Juliana

Cognac infused marinara cream sauce over fettuccine 29

SIDE DISHES

Rigatoni Alla Vodka 11

Meatballs (3) 9

Sausages, Peppers & Onions 10

Spinach (Steamed or Sautéed) 8

French Fries 5

Fettuccine Alfredo 11

Broccoli (Steamed or Sautéed) 8

Broccoli Rabe 10

Homemade Garlic Rolls (6) 4 (12) 6

Sausage 7

The FDA advises consuming raw or undercooked meat, poultry, seafood, or eggs increases your risk of food borne illness
PLEASE INFORM YOUR SERVER OF ANY FOOD ALLERGIES OR DIETARY RESTRICTIONS

CREATE YOUR OWN PIZZA

Start with Pizza sauce & Grande Mozzarella cheese

Brick Oven Pizza	Individual	Large	XL	Sicilian
Dough made daily with	12"	16"	18"	16x16"
"New York Water" with home made pizza sauce & grande mozzarella	13.50	16.50	18.50	21.00

Additional Regular Toppings

Half pie (each)	1.25	1.50	2.00	2.50
Whole pie (each)	2.00	2.25	2.75	3.00

Additional Premium Toppings

Half pie (each)	1.50	2.00	2.25	3.00
Whole pie (each)	2.25	2.50	3.00	3.50

Regular Toppings

PEPPERONI • MEATBALL • SAUSAGE • BACON • ONIONS • SPINACH • BROCCOLI
• MUSHROOMS • MIXED PEPPERS • EGGPLANT • BLACK OLIVES • ANCHOVIES
• DICED TOMATOES • BASIL • HOT CHERRY PEPPERS • SALAMI • HAM
• PINEAPPLE • GARLIC

Premium Toppings

EXTRA CHEESE • SUN-DRIED TOMATOES • ARTICHOKE HEARTS • ROASTED RED PEPPERS

Prosciutto 5
Broccoli Rabe 5
Ricotta 5

Chicken (Cutlet Or Grilled) 5
Fresh Mozzarella 5
Shrimp 10

BRICK OVEN GOURMET PIZZA

Sicilian Favorites

The Brooklyn

"Upside Down" Sicilian Pan pizza, mozzarella, pecorino romano, oregano & pizza sauce 23

Grandma's Pie

Thin crust, Sicilian style layered with fresh mozzarella, pecorino romano, marinara sauce 26

My Cousin Vinny

Grandma's sauce, mozzarella, garlic, basil, EVOO 28

Trattoria Special

With 5 regular toppings 19 21 25 N/A

BBQ Chicken

Caramelized onion, chicken cutlets, BBQ sauce, mozzarella 19 24 26 29

Buffalo Chicken

Breaded chicken cutlet, blue cheese, buffalo sauce, mozzarella 19 24 26 29

Chicken Parmigiana

Chicken cutlets, sunday sauce, pecorino, mozzarella, Italian parsley 19 24 26 29

Grandpa's Pizza

Grandma's Sauce, Fresh mozzarella, pecorino romano, EVOO, oregano, basil 19 24 26 n/a

Margherita

(No Sauce) Mozzarella, tomatoes, basil, garlic, oregano, pecorino romano 18 24 25 28

Meat Lover

Pepperoni, ham, bacon, sausage, meatball, mozzarella, pizza sauce 20 23 27 30

Caprese

(No Sauce) Tomatoes, garlic, basil, shredded mozzarella, fresh mozzarella, & balsamic glaze 18 24 25 28

Four Seasons

Artichoke hearts, ham, kalamata olives, mushrooms, mozzarella, Grandma's Sauce & pesto 20 23 27 30

San Remo

Grilled chicken, sun-dried tomatoes, tomato, Gorgonzola cheese 19 23 26 29

Joey's Favorite

(No Sauce) Baby clams, shrimp, fresh garlic, olive oil, oregano, pecorino romano & mozzarella 20 23 27 N/A

Vegetarian

Black olive, spinach, mushroom, peppers, onions, mozzarella, pizza sauce 19 23 26 29

Bianca

(No Sauce) Ricotta, pecorino romano, mozzarella, garlic, parsley 18 23 25 29

Supreme

Pepperoni, sausage, black olives, peppers, onions, mozzarella, pizza sauce 20 23 27 30

Milano

Chicken cutlet, tomato, roasted red peppers, Fresh mozzarella, basil, balsamic glaze 20 23 27 30

CALZONE & STROMBOLI

Arthur Avenue Stromboli

Meatball, sausage, ricotta, sunday sauce, pecorino romano & mozzarella 16

Original Stromboli

Ham, salami, pepperoni, provolone, pecorino romano & mozzarella 15

Pepperoni Stromboli

Pepperoni, pecorino romano & mozzarella 14

A'bruzzio

Chicken cutlet, roasted pepper, garlic, ricotta, pecorino romano & mozzarella 16

Meatball Parmigiana Stromboli

Sliced homemade meatballs, sunday sauce, pecorino romano & mozzarella 13

Chicken Parmigiana

Chicken cutlet, sunday sauce, pecorino romano & mozzarella 15

Calzone

Ricotta, mozzarella & pecorino romano 14

Additional toppings each 1
Additional premium toppings each 1.5
Check pizza toppings for choices

SUBS

Served with fries or pasta, substitute for a cup of soup or salad (Chopped or Caesar) - 2.50

Parmigiana

Eggplant Parmigiana 12

Meatballs Parmigiana 13

Sausage Parmigiana 13

Chicken Parmigiana 14

Veal Parmigiana 15

Shrimp Parmigiana 17

Sausage & Peppers

Sweet italian sausage, bell peppers, onion & marinara 13
add cheese 1

Milano

Chicken cutlet, fresh mozzarella, tomato, roasted red peppers & basil with balsamic glaze 15

Grilled Chicken (Joey's Way)

Lettuce, tomatoes, onions, & provolone cheese 13 add bacon 1

Italian

Ham, genoa salami, aged provolone, lettuce, tomato, onion, red wine vinegar 13

CHILDRENS MENU

Chicken parmigiana w/spaghetti 13

Chicken fingers & fries 10

Spaghetti & meatballs 9

Ravioli with sunday sauce 10

Baked Ziti 9

Penne w/butter 7

NO SUBSTITUTIONS

DOLCE

Mamma's Cannoli 6
Tiramisu 8

Creme Brulee Cheesecake 8
Chocolate Cake 9

BEVERAGES

Soft Drinks (Free Refill) 2.50

San Pelligrino 5

Aqua Panna Imported 5

Coffee or Hot Tea 2.75

Espresso 3

Double Espresso 5

Cappucino 6

Open for Lunch & Dinner Everyday

Let us cater your next function • 10 to over 500 guests



20% Gratuity added to parties of 5 or more. Prices are subject to change without notice. Tax not included.

MAXIMUM OF 4 CREDIT CARDS PER TABLE. MAXIMUM 4 CHECKS PER TABLE.